



**MBChB Program**  
**KMC-UOB 2016/2017**  
**PRIMARY CARE MODULE**  
**Year 4**

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## **VISION**

To provide students with required experiences regarding primary health care and to obtain the skills necessary in family practice ,in collaboration with other health professionals to accomplish cost-effective coordinated care and encourages the role of the patient as a partner in health care.

## **MISSION**

Upon completion of the course, the students should be able to:

1. Describe and apply the basic principles of family medicine in the patients' care, including effective communication and consulting skills.
2. Describe the primary health care services provided by the Ministry of Health.
3. Demonstrate the skills required to manage commonly encountered undifferentiated acute and chronic problems in the primary care setting using a patient-centred approach.
4. Deliver health education at the individual and population levels.
5. Demonstrate ability for life-long learning and apply evidence-based medicine and critical thinking in problem solving and decision making

**List of lecturers**

No	Lecturer	Discipline
1	Dr . Lujain Anwar	Family medicine
2.	Dr. Huda Adnan	Family medicine
3.	Dr. Rana Falih	Surgery
4.		
5.		

## **Introduction**

Primary health care (PHC) refers to "essential health care" that is based on scientifically sound and socially acceptable methods and technology, which make universal health care universally accessible to individuals and families in a community. It is through their full participation and at a cost that the community and the country can afford to maintain at every stage of their development in the spirit of self-reliance and self-determination". In other words, PHC is an approach to health beyond the traditional health care system that focuses on health equity-producing social policy. PHC includes all areas that play a role in health, such as access to health services, environment and lifestyle. Thus, primary health care and public health measures, taken together, may be considered as the cornerstones of universal health systems. Primary health care provides comprehensive, first contact and continuing care for any person not limited by age, sex, problem origin, organ system or diagnosis. It encourages the role of the patient as a partner in health care.

This module is designed to provide students with exposure to the delivery of primary care and to obtain the skills necessary in family practice. It's a two weeks module that will be conducted in year four at both semesters. Students will be exposed to the primary health care services through postings in the primary health care clinics. They will be taught patient-centered consultation skills, approaches to common outpatient diseases and how to provide patient education and promote disease prevention. Geriatric care will be introduced.